

Food Allergy Alert Card

Date:

Dish:

Prepared by:

Checked by:

Which ingredients can cause a problem?



Cereals containing gluten



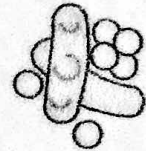
Peanuts



Nuts



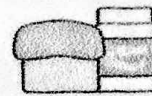
Milk



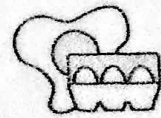
Soya



Mustard

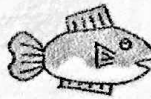


Lupin

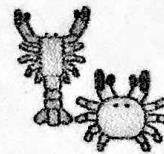


Eggs

Make sure you have included all of the relevant ingredients.



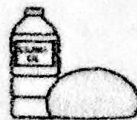
Fish



Crustaceans



Molluscs



Sesame seeds



Celery



Sulphur dioxide